Benefits You Can Get From FIDELIS CARE OR With Your Medicaid Card

Family Planning

- You can get the following family planning services: advice about birth control, birth control prescriptions, male and female condoms, pregnancy tests, sterilization, or an abortion. During your visits for these things, you can also get tests for sexually transmitted infections, a breast cancer exam or a pelvic exam.

- You do not need a referral from your PCP to get these services. In fact, you can choose where to get these services. You can use your Fidelis Care ID card to see one of our family planning providers. Check the plan’s Provider Directory or call Member Services for help in finding a provider.

- Or, you can use your Medicaid card if you want to go to a doctor or clinic outside our plan. Ask your PCP or Member Services 1-888-FIDELIS (1-888-343-3547; 711 TTY) for a list of places to go to get these services. You can also call the New York State Growing Up Healthy Hotline (1-800-522-5006) for the names of family planning providers near you.

HIV and STI Screening Everyone should know their HIV status. HIV and sexually transmitted infection screenings are part of your regular health care.

- You can get an HIV or STI test any time you have an office or clinic visit.

- You can get an HIV or STI test any time you have family planning services. You do not need a referral from your PCP (Primary Care Provider). Just make an appointment with any family planning provider. If you want an HIV or STI test, but not as part of a family planning service, your PCP can provide or arrange it for you.

- Or, if you’d rather not see one of our Fidelis Care providers, you can use your Medicaid card to see a family planning provider outside Fidelis Care. For help in finding either a Plan provider or a Medicaid provider for family planning services call Member Services at 1-888-FIDELIS (1-888-343-3547).

- Everyone should talk to their doctor about having an HIV test. To get free HIV testing or testing where your name isn’t given, call 1-800-541-AIDS (English) or 1-800-233-SIDA (Spanish).

Some tests are “rapid tests” and the results are ready while you wait. The provider who gives you the test will explain the results and arrange for follow up care if needed. You will also learn how to protect your partner. If your test is negative, we can help you learn to stay that way.