CDC INFORMATION – CHLAMYDIA SCREENING

- According to the Centers for Disease Control (CDC), Chlamydial infections in women can lead to serious consequences, including pelvic inflammatory disease, tubal infertility, ectopic pregnancy, and chronic pelvic pain.

- Chlamydia is the most frequently reported bacterial sexually transmitted infection in the United States. A large number of cases are not reported because most people with Chlamydia are asymptomatic and do not seek testing.

- Chlamydia is most common among young people. Almost two-thirds of new Chlamydia infections occur among teens and young adults ages 15-24 years.

- Females between the ages 16-24 who have been identified as sexually active must receive a test for Chlamydia. Providers treating women in this age range should be aware that not all women will share details regarding their sexual activity with their PCP. Even if a woman does not identify as sexually active, she should receive a urine analysis to test for Chlamydia, particularly if she is in the non-compliant population for the measure.

- Always test a female patient for Chlamydia if:
  - She has recently undergone a pregnancy test and/or;
  - She has recently been dispensed prescription contraceptives.

WHO SHOULD BE TESTED?

Any sexually active person can be infected with Chlamydia. Because Chlamydia is usually asymptomatic, screening is necessary to identify most infections. Screening programs have been demonstrated to reduce rates of adverse sequelae in women. For this reason, CDC recommends yearly Chlamydia Screening of all sexually active women younger than 25.

HOW IS CHLAMYDIA DIAGNOSED?

For adolescent girls and younger women, urine-based screening is usually preferred because pelvic exams are not indicated if they are asymptomatic.

BILLING AND REPORTING PRACTICES

- Fidelis Care covers Chlamydia Screening – eligible members will not be liable for the test.

- Claim encounter data/valid Procedure Codes (CPT, CPT II, HCPC or ICD-10): 87110, 87270, 87320, 87490, 87491, 87492, 87810.

- If you do not bill insurance for this screening due to privacy concerns, submission of Chlamydia Screenings via FTP data is encouraged to satisfy the measurement.

NON-COMPLIANCE REPORTS

Fidelis Care publishes monthly Non-Compliance Reports that identify members based on claim data. Chlamydia testing is one of the measures available on the Non-Compliance Report.

Visit fideliscare.org for educational resources and other helpful tools. For questions regarding the QARR/HEDIS measure, contact your Provider Relations Representative.