Controlling High Blood Pressure: Effectiveness of Care HEDIS Measure

It is vital to educate members on the importance of monitoring and controlling high blood pressure to prevent the increased risk of stroke and heart disease. Fidelis Care and providers can help members control their blood pressure by offering healthier lifestyle tips and by ensuring members take prescription medicines as instructed. Here are some guidelines on submitting accurate CPT II codes and increasing communication between members, providers, and Fidelis Care.

CBP HEDIS Measure Description

Members 18-85 years of age who had a diagnosis of hypertension (HTN) reported on an outpatient evaluation and management (E & M) code claim, and whose blood pressure (BP) was adequately controlled during the measurement year based on the following criteria:

- Members 18-59 years of age whose BP was <140/90 mm Hg
- Members 60-85 years of age with a diagnosis of diabetes whose BP was <140/90 mm Hg
- Members 60-85 years of age without a diagnosis of diabetes whose BP was <150/90 mm Hg

*For the CBP measure inclusion and exclusion list, please refer to the NCQA website at [www.ncqa.org](http://www.ncqa.org).

CBP Billing Procedure Codes: The Value of Submitting

Providers record the progress of the member's care by submitting CPT II codes, subsequently highlighting the provider’s efforts to improve the member's access to quality care. The submission of BP CPT II codes can help identify Fidelis Care members who can benefit from additional education on CBP through our care coordination team. Providers can transmit Fidelis Care members’ BP healthcare claims electronically utilizing the 837P (Professional) standard format claims system or submitting the standard CMS-1500 paper claim form through a secure File Transfer Process (FTP).

Please remember when submitting CPT II codes to include the hypertensive condition, along with the following:

- The most recent Blood Pressure Reading (BP) during the measurement year as long as it occurred after the diagnosis of hypertension.
- If multiple BP measurements occur in the same date, use the lowest systolic and diastolic BP reading

*For additional guidance on billing and claims submissions please visit the Centers for Medicare and Medicaid Services at [www.cms.gov](http://www.cms.gov) and [www.fideliscare.org/Provider](http://www.fideliscare.org/Provider) for the most recent provider manual.

The following CPT II codes are used to determine compliance for CBP measure:

<table>
<thead>
<tr>
<th>CPT II code</th>
<th>Most recent systolic blood pressure reading</th>
</tr>
</thead>
<tbody>
<tr>
<td>3074F</td>
<td>&lt;130 mm Hg</td>
</tr>
<tr>
<td>3075F</td>
<td>130-139 mm Hg</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>CPT II code</th>
<th>Most recent diastolic blood pressure reading</th>
</tr>
</thead>
<tbody>
<tr>
<td>3078F</td>
<td>&lt;80 mm Hg</td>
</tr>
<tr>
<td>3079F</td>
<td>80-89 mm Hg</td>
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</tbody>
</table>

*Please note that the member’s latest blood pressure reading must be compliant for both systolic and diastolic readings.

Care Coordination Opportunities between Providers, Members, and Fidelis Care

- All Fidelis Care Health and Recovery Plan (HARP) members are assigned a Care Manager who can assist providers and members with care coordination.
- For all other Lines of Business (LOB), providers can contact Fidelis Care’s Clinical Service line for assistance.

Visit [fideliscare.org](http://fideliscare.org) for educational resources and other helpful tools. For questions, please contact:

- Care Coordination: HARP: 1-718-896-6500 x16077; Other LOB: 1-800-247-1441
- Contact your Provider Partnership Associate (PPA) for additional guidance on the CBP HEDIS measure