

Preventive Cancer Screenings and Vaccinations Tip Sheet



FIDELIS CARE®

Cancer Screenings: Breast, Colorectal, and Cervical

Cancer screenings are an integral part of patient healthcare. Early detection allows for less invasive treatments and lower mortality rates. Some patients may be hesitant to undergo these tests and procedures. Discussing alternative options and the importance of consistent screenings increases successful participation.

Cervical cancer is the only type of cancer caused by HPV with a recommended screening test for detection at an early stage. HPV vaccination could prevent more than 90% of cancers caused by HPV from ever developing (CDC).

Which preventive screenings and vaccinations are recommended?

Breast Cancer Screening (BCS): **Women 40*-74 years of age:**

*Based on USPSTF recommendations

- Mammogram (unilateral or bilateral) every 27 months (10/01/2022 – 12/31/2024)
- The USPSTF currently recommends that all women start getting screened for breast cancer every other year starting at age 40, rather than individualizing the decision to undergo screening for women in the 40 to 49 years age group.

Colorectal Cancer Screening (COL): **Members 45-75 years of age**

- Colonoscopy within 10 years
- Flexible sigmoidoscopy within 5 years, or every 10 years along with fecal immunochemical test (FIT) every year
- CT Colonography (virtual colonoscopy) within 5 years
- Stool DNA (sDNA) with FIT within 3 years
- Fecal occult blood test (FOBT)/gFOBT (guaiac), FIT/iFOBT (immunochemical) within 1 year

Cervical Cancer Screening (CCS): **Members 21-64 years of age**

- Age 21-29 who had cervical cytology performed within 3 years**
- Age 30-65 who had cervical cytology performed within 3 years,** OR who had cervical high risk human papilloma virus testing every 5 years, OR who had cervical cytology testing in combination with high risk human papilloma virus testing within 5 years***

**Three-year look-back requires member to be 21 years old or older on test date

***Five-year look-back requires member to be 30 years old or older on test date

Human Papillomavirus (HPV) Vaccination: **Children and adults 9-26 years of age; adults 27-45 years of age**

- HPV vaccination is routinely recommended at age 11 or 12 years; vaccination can be started at age 9 years. HPV vaccination is recommended for all persons through age 26 years who were not adequately vaccinated earlier.
- Adults age 27 through 45 years should have a discussion with their clinician to determine if vaccination would be appropriate for them.

Common Coding (Based on ICD-10 Guidelines)

Ensure all coding is checked for accuracy with ICD-10 Coding Guidelines

- BCS: Mammogram CPT: 77061-77063, 77065-77067
- COL: Colonoscopy CPT: 44388-44394, 44397, 44401-44408, 45355, 45378-45393, and 45398; Flexible Sigmoidoscopy CPT: 45330-45335, 45337, 45338, 45340-45342, 45346, 45347, 45349, 45350; CT Colonography CPT: 74261-74263; FOBT Lab Test CPT: 82270 (Guaiac), 82274 (Immunochemical); Cologuard (sDNA with FIT) Test CPT: 81528
- CCS: Cytology Lab Test CPT: 88141-88143, 88147, 88150, 88152, 88153, 88165-88167, 88174, 88175; HPV Test CPT: 87624, 87625
- HPV: HPV Vaccine (2 or 3 dose series) CPT: 90649-90651

Coding Tips:

- Include patient demographics such as name, date of birth, and date of service in all progress notes.
- Ensure care providers sign and date all documents.
- Document how each diagnosis was monitored, evaluated, assessed, and treated.
- Refer to ICD-10 coding guidelines to ensure accuracy and to capture related coding.
- Vaccination coding is specific to number of doses, age of recipient, and method of vaccine administration.

Tips for Recommending Cancer Screenings and Vaccination:

- Acknowledge patients' hesitancy to get screenings or vaccinations, while highlighting their importance.
- Notify your patient of all of the available screening options and the benefits of each.
- Maintain strong doctor-patient relationships to help with challenging conversations.
- Provide a printed summary to the patient at the end of the appointment with recommendations and/or referrals.
- Assist in locating and/or setting up an appointment to have the screening completed.

Resources:

- What is HPV: www.fideliscare.org/Blog?id=878
- ICD-10-CM Official Guidelines for Coding and Reporting: ICD-10 | CMS
- CDC Basic Information about HPV and Cancer: Basic Information about HPV and Cancer | CDC
- Top 10 tips for HPV vaccination success: Top10-improving-practice.pdf (cdc.gov)
- Recommendation: Breast Cancer: Screening United States Preventive Services Taskforce (uspreventiveservicestaskforce.org)